



The 'hug in a bowl' recipients were Inn from the Cold and Metro Community-homeless shelters. Kelowna Soup Sisters organized three shifts of super choppers and peelers (lots of organic carrots and squash were donated by Green Croft Gardens, a local farmer!) to prepare 120 litres of soup to serve to the homeless communities for the day. The early bird shift began at 8:30 am with a high powered team getting the first pots onto the stove and out the door ready for team two to take over at 10:30. The second batch was on to the stove and ready to go in plenty of time for the soup to be delivered for lunch and throughout the afternoon to drop-ins at Metro Community. Shift number three arrived at 1:30 to make our dinner offering - the delicious Soup Sisters chili recipe warmed up the community for the dinner hour and early evening. Soup Sisters HQ offered containers to the Metro Community to preserve the balance of what was not served for another day. Thanks to Sharon for also donating Soup Sisters cookbooks to be used in their homeless fundraising auction as part of the event.