

Soup Sisters serving up in Winnipeg

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Metro/Ben SingerExecutive Chef Jeremy Langeman will help serve up soup with the Soup Sisters.

This Sunday, at least 30 people will fill the kitchen of the Fairmont Hotel's kitchen to slice, dice and simmer up a variety of soups.

It's not for the usual patrons of the Hotel restaurant, however. The 200-plus servings of soup will be donated to the Osborne House women's shelter, where it will feed women and children who have faced domestic violence.

The event will be the first-ever Winnipeg edition of Soup Sisters. Participants pay \$50 to cook soups with a professional chef. They also get to enjoy a meal of their own, while making food for the needy.

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Miriam Bronstein, the Soup Sisters Winnipeg coordinator, said the first event at the Fairmont Hotel has sold out, but the event is slated to happen every month.

Fairmont executive chef Jeremy Langemann said six varieties of soups will be prepared for Osborne House including a chili, a minestrone and a hamburger soup.

"They're all very hearty, very nutritious, which is good," he said. "It's a full meal."

Osborne House CEO Barbara Judt explained that Soup Sisters donated a freezer, which will store the soup they get each month. She said nutrition is a key challenge at her shelter.

"The women that come into our facility . . . they're in rough shape physically or mentally, sometimes they just can't eat, but soup is popular with them."

Judt will be speaking about the shelter at the Fairmont Hotel on Sunday.

- Soup Sisters was founded by Sharon Hapton in Calgary in 2009
- The charity has set up events in over 10 cities across Canada
- For more information or to register for future Soup Sisters events, go to soupsisters.org